



Post Operative Instructions while in a Temporary Crown/Bridge

Please follow these instructions while you are awaiting your permanent crown or bridge. Do not hesitate to call the office should you have any questions about your temporary crown.

1. Avoid eating sticky foods (caramel, chewing gum, hard candy) on the side of the mouth with a temporary crown.
2. Do not floss the area around your temporary crown. Should you find it necessary to do so, pop your floss in between your teeth and then pull it out on the side. Do not pop the floss back out as it can cause the loss and/or damage of your temporary crown.
3. Your temporary plays an important role in protecting your tooth and holding the space for your permanent crown or bridge. Should it need recementing or become damaged please call our office during business hours and we will be happy to recement or repair it.
4. Should your temporary become uncemented on the weekend or while you are out of town, purchase **temporary dental cement** from a drugstore. Remove any cement left in the temporary and replace it with a “teardrop” amount of cement. Do not leave any cement on your gums.
5. It is normal to have significant changes in response to temperature and soreness at the injection site after your dental restorations. This should subside within a few days and in some cases, weeks. If your pain gets progressively worse or is causing more than mild discomfort, please call our office.
6. Ibuprofen (Advil/Motrin) is very effective for dental pain. Two to four tablets may be taken four times a day for the next 3-4 days (if needed) to help control the sensitivity in this area.
7. Should the gums around the temporary crown become sensitive, rinse four (4) times a day with a warm saltwater solution (1/2 tsp salt to ½ cup of warm water).